# The Analysis of Doctors' Workload in the Implementation of Health Services at Boalemo Regency Farmers and Fishermen Hospital

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#### ABSTRACT

This research aims to find out the workload of Doctors in the implementation of health services at Tani and Fishermen Hospital Boalemo regency.

This research uses a descriptive type of research with a quantitative approach. The number of samples analyzed was 12 Doctors from 25 Doctors at Boalemo Regency Farmers and Fishermen Hospital with observation collection techniques, interviews, and questionnaires. Besides, the research results were analyzed with Workload Indicator Staffing Needs (WISN) analysis techniques.

The results showed that the available working time of doctors in health services at Tani Hospital and Boalemo Regency Fishermen in each poly is different. The highest available working time in the implementation of health services is the Internal Medicine Specialist with 1,981 hours/year and the lowest Doctor of Heart and Blood Vessels with 161 hours/year. With the highest standard workload activities, doctors in 23,772 hours/year for old patients and 11,886 hours/year for new patients. The lowest workload was 1,806 hours/year for old patients and 1,204 hours/year for new patients. Minimum standard of at most 0.27 or 27% for Pediatricians, Internal Medicine Specialists, Surgical Specialists, Obgyn Specialists, Dental Specialists, Neurologists, Skin and Genital Specialists, and ENT Specialists. Then 0.28 or 28% of the standard of relaxation of ophthalmologists and 0.30 or 30% of the standard of the leniency of Heart and Blood Vessel Specialists from the total working time is available to perform additional activities so that the needs of Doctors in health services at Boalemo Regency Farmers and Fishermen Hospital are 1 Doctor in Poly Surgery, Eye, Heart and Blood Vessels and 2 Doctors in Dental Poly.

Keywords : Workload, Doctor, Health Service, WISN.

#### **INTRODUCTION**

Health service activities for the general public are essential, both people with high or low economic levels from top to bottom. The community has the right to health services in the district, provincial, state hospitals, health centres, and other health services. WHO (World Health Organization) says the hospital is an important activity of social organizations and their services are complete [1]. There are several functions in providing services, namely *(comprehensive)* full

service, *(curative)* disease healing, and disease prevention to the community.

Doctors play a crucial role in providing health care by preventing disease, conducting examinations, treating patients, providing medical care, and consulting with patients who request it. As medical technology continues to progress at a breakneck pace, an increasing number of doctors are turning to specialized treatments. It is critical for doctors to play an important role in implementing health services at the Tani and Nelayan Hospital, Boalemo Regency, to best serve the community. Doctors do more than treat patients; they also work as counselors, educators, and socializers. Despite this, it appears that medical workers, particularly specialists, are still in short supply when caring for people in need. And some doctors come from outside the area, so they only come to work when they have a scheduled shift.

The issues that occur in the Tani and Nelayan Hospital are the lack of permanent specialist doctors, the number of patients is greater than doctors, and the activities of doctors are less regular due to the number of patients.

There are several specialists with very few doctors from the data obtained, while the number of patients is high. Such as the following:

1. Cardiologist = 1 : 12,25

2. Skin and Gender Specialist = 1:10

3. Eye Specialist = 1:9.75

In investigating the workload of doctors, it will be assembled using the Workload Indicator Staffing Needs method by looking at the ratio of doctors in health services and the needs of doctors in providing health services at the Tani and Nelayan Hospital Boalemo Regency.

The most critical part of the organization and plays a vital role in it are humans because their activities acquire goals in every organization. Therefore, human resources are needed to achieve

goals and devise human resources (HR) who have broad thinking and act according to the wishes of the organization [2].

Hospital is a health service regulation in implementing two types of services, namely health services and administrative services [3]. HR in the health sector or hospitals is the main element that aims to improve health services, namely: Health Workers, HR in hospitals consists of several health workers, namely nurses, doctors, pharmacists, analysts, physiotherapists, nutritionists. radiographers, medical recorders, and non-health workers who are in the fields of Finance, Administration, Personnel and Security [4].

Doctors are medical personnel who provide services to the community, either at the health care or at the hospital. Working as a doctor is a human ability to serve people who have health problems, need assistance in handling diseases and treatment. In the health environment, doctors have rights and obligations, namely:

The Doctor's Profession in carrying out its obligations regarding the patient's condition is a high rule, especially the doctor's obligation.

2. Doctor's Rights

The need for a doctor's help is urgent. Doctors have the right to practice, be informed of their patient's health issues, and work according to their abilities. Because of this, doctors' workload is highly crucial to keep track of. Tasks that must be accomplished by an organization or a person in a given amount of time are the workload.

The following are a few examples of how many factors can influence workload.

a. Factors exceeding the employee's body enclose Tasks, including physical qualities, such as physical

**<sup>1.</sup>** Doctor's Obligations

space, environmental conditions, and employee behavior. Other mental tasks include responsibility, emotion, and so forth—work management, which involves scheduling, break periods, and other aspects of productivity. Working in a physically, chemical, biological, and psychologically challenging workplace is typical.

b. Internal factors, such as bodily elements such as gender, age, physical condition, nutritional status, and other aspects of health, originate from within the body due to stressful workloads. Belief, perception, motivation, desire, and fulfilment are all psychological aspects as well [5].

It is necessary to use the following Workload Analysis Method to gather the relevant data: 1. the method used to organize the organization. You can find information on the position's responsibilities in and role an organization's structure as well as the employee's education, skills, and talents. 2. A method for analyzing the work environment, these projects will lead to occupations that are more general and technical in nature and structural and functional work. Position data, which includes a person's name, work outcomes, and duties, is gathered using this method. The information is used to analyze workload. The administrative approach is the third option. Obtaining information in it is a matter of organizational tolerance or the personnel administration system (6).

There are standards of time, work volume, and effective working hours in analyzing the workload.

 Standard of time. Time used in work becomes a fixed variable. Changes in time norms can also occur due to policies, equipment, quality of resources, and organization.

- Working volume. Task achievement in getting work results, different work volumes in each position are variables that are not fixed in workload analysis.
- Effective working hours. Openness in 3) carrying out workload analysis is easy to carry out objectively, so the workload analysis report has been proven to be accurate and accountable. The characteristics of measurement valid. the are consistent, and universal.

Workload analysis aims to determine how many employees are needed to complete a job and the number of responsibilities or workloads delegated to an employee. And for the workload analysis is done by comparing the workload with the norm of time and work volume. The workload target is determined based on each position's work plan or targets. The doctor's workload analysis results can be used as material for measuring the time used by doctors and judging from the schedule of working hours, and knowing the workload height and the needs of doctors in hospitals. 7].

# **RESEARCH METHODS**

Descriptive and quantitative methods are employed in this study. This study relies on primary data sources, such as doctors, nurses, and other healthcare workers. A secondary data source is a source of information used to back up primary data, such as information gleaned from other persons or documents.

It is the study of a large number of people to derive generalizations about the population as a whole that is known as the population [8]. As a result, the study population included all doctors at the Tani and Nelayan Hospital, Boalemo Regency, with 25 doctors, and the sample was confined to the kind of doctor in the Poli room of the Tani and Nelayan Hospital, Boalemo Regency. Here's a look at what we learned from our doctor workload analysis at Tani and Nelayan Hospital, Boalemo Regency, in terms of operational variables and definitions:

Data was gathered using observation, interview, and questionnaire methods while assessing the workload demands of doctors using the Workload Indicator Staffing Needs (WISN) technique.

#### **RESEARCH RESULT**

a. Calculation of the need for Specialist Doctors with Workload Indicator Staffing Needs (WISN)

Based on WISN, the steps for calculating the HR needs at the Tani and Nelayan Hospital in Boalemo Regency are:

# 1. Setting Available Working Time

- Determination of available working time has the aim of getting available working time for Specialist Doctors at Tani and Nelayan Hospitals within one year:
- a) Working days (A), based on data received from the Tani and Nelayan Hospital, Boalemo Regency, doctors' working days are different. There are 1 week 6 days, 3 days a week, there are 1 week only a day, 4 days a week, 2 days a week and also for 1 month 2 weeks 3 working days.
- b) Annual leave (B), according to civil servant regulations they have 12 working days in a year.
- c) Education and training (C), from the data of the Tani and Nelayan Hospital, Boalemo Regency, there is no rule for Specialist Doctors to participate in training.
- d) National holidays (D), based on data from the Boalemo District Farmers and Nelayan Hospital 12 days off every year.
- e) Absence from work (E), according to the provisions of the Tani and Nelayan Hospital, Boalemo Regency,

for reasons of illness or permission for 3 days.

f) Working time (F), according to the provisions of the hours imposed by the Tani and Nelayan Hospital, Boalemo Regency, in 1 day 7 hours.

From the data above, it will determine the available working time by performing calculations using the following formula:

Available working time = 
$$(A - (B+C+D+E) \times F)$$

The results of the analysis can describe the working time for each poly at the Tani and Nelayan Hospital, Boalemo Regency as follows:

a) Working hours available for Children's Poly

Based on primary data obtained from the Tani and Nelayan Hospital, Boalemo Regency, the working time available at the Children's Polyclinic can be seen in table 1:

Table	<b>2.</b> Available	Working	Hours
	for Children's	Polv.	

Cod	Factor	Amoun	Note:
e		t	
А	Working	156	Day/year
	days		
В	Annual	12	Day/year
	leave		
С	education	0	Day/year
	and training		
D	National	14	Day/year
	holiday		
E	Absence	3	Day/year
F	Working	7	Hours/day
	time	127	Day/year
		889	Hours/year
	• Availa		
	ble		
	Worki		
	ng		
	Days		
	• Worki		
	ng		

Time	
Availa	W
ble	d

Data Source: Processed Data, 2021.

Based on the table above, it shows that the available working days at the Children's Poly at the Tani and Nelayan Hospital, Boalemo Regency are 3 days, or 127 days/year, so that the available time is 889 hours/year.

b) Working hours available Internal Medicine Poly

The results of the analysis of working time in Internal Medicine Polyclinic can be seen in table 3 below:

**Table 3.** Available Working Hoursof Internal Medicine

Code	Factor	Amount	Note:
А	Working	312	Day/year
	days		
В	Annual leave	12	Day/year
С	Training	0	Day/year
	Education		
D	National	14	Day/year
	holiday		
Е	Absence	3	Day/year
F	Working	7	Hours/day
	time	283	Day/year
	• Availa	1981	Hours/yea
	ble		r
	Worki ng		
	Days		
	<ul> <li>Worki ng</li> </ul>		
	Time		
	Availa ble		

In table 3 above, the available working days for Internal Medicine are 6 days or 283 working days/year and the available working time is 1,981 hours/year.

c) Working hours available Poly Surgery

The available working days at the Surgical Clinic are 3 days, or 127 days/year and the available time is 889 hours/year.

d) Working hours available Poly Obstetrics

The results of the analysis of available working hours for Obstetrics can be seen in table 5 below:

Table 5. Working Hours Availablefor Obstetrics

Code	Factor	Amount	Note:
А	Working	208	Day/year
	days		
В	Annual	12	Day/year
	leave		
С	education	0	Day/year
	and training		
D	National	14	Day/year
	holiday		
E	Absence	3	Day/year
F	Working	7179	Hours/da
	time		у
	• Avail -	179	Day/year
	• Avail able	1.253	Hours/ye
	Wor king Days • Wor king Time Avail able		ar

(Data Source: Processed Data, 2021).

(Data Source: Processed Data, 2021).

In the table, 5 working days available for Midwifery Poly are 4 days or 179 \_\_\_\_ working days/year and the available working time is 1,253 hours/year.

e) Dental clinic available working hours

The results of the analysis on the available working time of the Dental Poly can be seen in table 6 below: Table 6. Available Working Time of

Dental Clinic

Cod	Factor	Amoun	Note:
e		t	
А	Working days	156	Day/year
В	Annual leave	12	Day/year
С	education and	0	Day/year
	training		
D	National holiday	14	Day/year
Е	Absence	3	Day/year
F	Working time	7	Hours/da
			у
	<ul> <li>Available</li> <li>Working</li> </ul>	127	Day/year
	Days	889	Hours/da
	• Working Time Available		У

(Data Source: Processed Data, 2021).

In table 6, it can be seen that the available working days at the Dental Clinic are 3 days or 127 days/year and the available time is 889 hours/year.

f) Working hours available Eye Poly The results of the analysis of the available working hours of the Eye Polyclinic can be seen in table 7 below:

Factor

Working

days

Code

А

 Table 7. Working Hours Available

Eye Clinic

Amount

72

В	Annual	12	Day/year
	leave		
С	education	0	Day/year
	and training		
D	National	14	Day/year
	holiday		
Е	Absence	3	Day/year
F	Working	7	Hours/da
	time		У
	• Avail -	43	Day/year
	• Avail able	301	Hours/ye
	Wor		ar
	king Days		
	• Wor		
	king		
	Time		
	Time Avail		
	Time		

(Data Source: Processed Data, 2021).

In table 7 it can be seen that the available working days of the Eye Clinic are 3 days or 43 working days/year and the available time is 301 hours/year.

# g) Working hours available Neurology

The results of the analysis of the available working time of Neurology can be seen in table 8 below:

**8.** Working Time Available Table for Neurology

e Dental				
ar and the	Code	Factor	Amount	Note:
D I	А	Working	156	Day/year
ye Poly sis of the		days		
the Eye	В	Annual leave	12	Day/year
table 7	С	education	0	Day/year
vailable		and training		
, unuone	D	National	14	Day/year
Note:		holiday		
Day/year	Е	Absence	3	Day/year
	F	Working	7	Hours/da

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time			у		Specialist	hours/year
	-	127	Day/year	3.	Pediatrician	889
•	Availa -	889	Hours/ye		Surgeon	hours/year
	ble Worki	007	•		Neuro Specialist	889
	ng		ar		ENT Specialist	hours/year
	Days				Dentist	889
•	Worki					hours/year
	ng Time					889
	Availa					hours/year
	ble					889
						hours/year
Source:	Processed	l Data, 20	)21). –	4	D (1) (1)	505

Based on the table, 8 working days \_ available at the Neurology Polyclinic are 3 days or 127 days/year and the available time is 889 hours/year.

# h) Working hours available at Cardiac and Vascular Polyclinic

The available working day at the Cardiology and Blood Vessel Polyclinic is 1 day or 23 working days/year and the available working time is 161 hours/year.

# i) Working hours are available at the Dermatology and Venereology

Based on table 10 above, the available working days at the Dermatology and Gender Polyclinic are 2 days or 75 working days/year and the available working time is 525 hours/year.

j) Working hours available at Poly ENT

The available working days at the ENT Polyclinic are 3 days or 127 working days/year and the available working time is 889 hours/year.

Based on the workload, it can be seen from the highest to the lowest workload in table 18:

Rating	Doc	Workload	
1.	Internal	Medicine	1,981
	Specialist		hours/year
2.	Obgyn/Obstetrics		1,253

				hours/year	
4.	Dermatolo	525			
	Dermatolo	Dermatologist			
5.	Ophthalm	Ophthalmologist			
				hours/year	
6.	Heart and Blood			161	
Vessel Specialist				hours/year	
(Data source: Processed Data, 2021).					

# 2. Define workload standards

To get a sense of the typical workload, it is necessary to know the primary activities, the amount of work done in a year, and the average time it takes to accomplish each task. The following WISN formula is used to calculate the standard workload.:

W	orkload standard
=	woring time available
	average time of main activity

Table 13 shows the results of the standard workload for each specialty doctor at the Tani and Nelayan Hospital, Boalemo Regency: With regard to examination services for both old and new patients (as shown in Table 13), specialty doctors in each have poly varving workload standards. Internal Medicine Specialists had the highest average workload, with 23,772 hours per year for new patients and 11,886 hours per year for long-term ones.

Ophthalmologist, 1,806 hours/year for old patients and 1,204 hours/year for new patients, is the benchmark of workload.

# 3. Setting Allowance Standards

The following WISN formula is used to calculate the amount of time that specialist doctors are allowed to spend on tasks other than their primary duties:

Allowance standard = average time of allowance factor woring time

The standard stipend for each Specialist Doctor at the Tani and Nelayan Hospital in the Boalemo Regency is calculated as follows:

Table 14. All	owance Sta	andards
ЦD	A 11 011/0	Eroquan

HR	Allowa	Frequen	All
Category	nce	cy	ow
	Factor		anc
			e
			Sta
			nd
			ard
Pediatrician	Drink	3	
	break	minutes	0.2
		/day	7%
	Private	10	-
	time	minutes	
		/day	
Internal	Drink	3	
Medicine	break	minutes	0.2
Specialist		/day	7%
	Private	10	
	time	minutes	
		/day	
Surgeon	Drink	3	
	break	minutes	0.2
		/day	
	Private	10	7%
	time	minutes	
		/day	
Obgyn/Obst	Drink	3	
etrics	break	minutes	0.2
Specialist		/day	0.2

	Private	10	7%
	time	minutes	
		/day	
Dentist	Drink	3	
	break	minutes	0.0
		/day	0.2
	Private	10	7%
	time	minutes	
		/day	
Ophthalmol	Drink	3	
ogist	break	minutes	0.2
-		/day	8%
	Private	10	-
	time	minutes	
		/day	
Neurologist	Drink	3	
	break	minutes	0.2
		/day	7%
	Private	10	•
	time	minutes	
		/day	
Heart and	Drink	3	
Blood	break	minutes	0.3
Vessel		/day	0%
Specialist	Private	10	
1	time	minutes	
		/day	
Dermatolog	Drink	3	<u> </u>
ist and	break	minutes	0.0
Dermatolog		/day	0.2
ist	Private	10	7%
	time	minutes	
		/day	
ENT	Drink	3	
Specialist	break	minutes	0.0
-		/day	0.2
	Private	10	7%
	time	minutes	
		/day	
		,	

(Data Source: Processed Data, 2021).

Table 14 shows the standard of slack for specialist doctors at most 0.27 or 27% for pediatrics, internal medicine, surgery, obstetrics, dentistry, sk in and genitals, neurosurgery and ENT, then 0.28 or 28% ophthalmologist allowance standards and 0.30 or 30 % standard allowance for Cardiology and Blood Vessel Specialists from the amount of working time available to carry out additional activities.

### 4. Calculating HR Needs

The following statistics are required to calculate the number of doctors at the Tani and Nelayan Hospital in Boalemo Regency:

- The first method is to provide 1. available working time. WISN technique.
- 2. Standard workload, WISN technique in the second step
- The third phase of the WISN 3. technique is to establish allowance standards.

Additionally, for the huge number of activities based on gas service activity data conducted at each poly RSUD Tani and Nelayan in the Boalemo Regency for one year.

The prior data collection assisted calculating the demand in for specialized physicians at Tani and Nelayan Hospital in Boalemo Regency using the formula:

HR Requirements =

# main activity quanty workload standard

The quantity of primary activities performed by specialist physicians at the Tani and Nelayan Hospital in Boalemo Regency is calculated using human resource demands.

The following table summarizes the demand for human resources or doctors at the Tani and Nelayan Hospital:

Each Specialist Physician requires more personnel. And those who require the most human resources are Dental Specialists, who require two human resources, Surgical Specialists, who require one human resource, Heart and Blood Vessel Specialists, who require human resource. And one Eve Specialists, who require one human resource, among others.

### **DISCUSSION**

The purpose of this study is to quantify the workload of physicians as well as their needs in providing health care. To accomplish this, a quantitative descriptive research method was used to collect data via observations, interviews, and questionnaires and then analyzed using the Workload Indicator Staffing Needs (WISN) analysis technique. The following sections discuss the research findings for each study question:

#### 1. Doctor's Workload in Health Services at the Tani and Nelayan Hospital, Boalemo Regency

Health services are defined as those that include examinations. medical treatment, and care. Additionally, it demands doctors to act as medical staff when dealing with patients. The performance of health services in hospitals is bolstered by an adequate quantity and workload of doctors.

The research conducted at the and Nelayan Hospital in Tani Boalemo Regency revealed that the workload of doctors in services was extremely high at the Internal Medicine Clinic, as indicated by the standard workload, which was 23,772 hours per year for new patients and 11,886 hours per year for existing patients. The Internal Medicine Polyclinic's doctors are overworked due to a lack of human resources.

The findings of this study corroborate those of a previous study conducted at the Muna District General Hospital in 2016, which discovered that the available working time for specialist doctors in polyclinics varied numerous depending on the time selected. Eight hundred eighty-nine hours per year at the Pediatrics, Surgery, Dentistry, Neurology, and ENT Outpatient

Clinics; 1,981 hours per year at the Internal Medicine Clinic; 1,253 hours per year at the Obstetrics/Obstetrics Clinic; 301 hours per year at the Eye Clinic; 161 hours per year at the Cardiology and Blood Vessel Polyclinic; and 525 hours per year at the Poly Leather and Sex Clinic. The workload of an organization or individual is the amount of work accomplished.

Meanwhile, because the workload of doctors in health services is low at the heart and blood vessel polyclinic due to shorter working days and a lack of human resources, the findings of this study indicatee that the workload of specialist doctors at the Tani and Nelayan Hospital is less efficient in determining available working time.

# 2. The Need for Doctors in Health Services at the Tani and Nelayan Hospital, Boalemo Regency

The presence of doctors in services is critical to ensuring that health services are implemented successfully and efficiently. The WISN approach is used in each poly to meet the needs of doctors in health care.

According to the findings of a study conducted at the Tani and Nelayan Hospital in Boalemo Regency, each polyclinic requires a physician, as stated in the following table:

The school has a doctor shortage, including the surgical clinic, which is down to one human resource, the dentistry clinic, which is down to two human resources, the eye clinic, which is down to one human resource, and the heart and blood vessel clinic, which is down to one human resource. At the same time, the other Poli is acceptable.

Effectiveness refers to a work in which the activities performed must be accurate and goal-oriented [9]. The impact of ineffective activities can impair the service's operation. As а result. the physician ineffectiveness of services affect other may substandard treatments.

While there will be a surplus or scarcity of human resources in the health sector [10], this issue stems from a scarcity of human which impairs resources, the quality of services supplied to the community. Similarly, what occurred the Pediatric at Polyclinic, Internal Medicine, Obstetrics and Gynecology, Neurology, Eye, Skin, Genital, and ENT may result in less efficient and effective services if not addressed.

# CONCLUSION

The following conclusions are drawn after examining the study's findings and addressing the workload of doctors in health services at the Tani and Nelayan Hospital in Boalemo Regency:

- 1. Doctors' workloads are aware that health services at the Tani and Fisherman Hospital in Boalemo Regency vary by poly. Internal Medicine specialists have the most considerable workload at the Tani and Fisherman Hospital in Boalemo Regency, clocking in at 23,772 hours per year for new patients and 11,886 hours existing patients. for Ophthalmologists had the lowest workload, clocking in at 1,806 hours per year for older patients and 1,204 hours per year for new patients.
- 2. The Tani and Fishermen Hospital in Boalemo Regency requires three

doctors, each of whom needs one person in the Surgery, Heart and Blood Vessel, and Eye Clinics, and two doctors in the Dental Poly.

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